NEWSLETTER – Term 1  WEEK 8  2014

Mrs Norris Gift

The P&C are still asking for any donations of money to help purchase a wonderful gift for Mrs Norris to celebrate her lifelong dedication to Colo Heights Public School and its Community. Donations should be placed in an envelope and sent in to the school’s office for the P&C.

There will be a special morning tea for Mrs Norris later this term and we invite all parents, students and past families to attend to farewell her.

BBQ Helpers for the P&C

The P&C will be holding two fundraising BBQs in April. There will be the Bunnings BBQ on Sunday 6th April and the Annual Colo Picnic Day on Sunday 13th April. Attached to this newsletter are two forms for parents to fill and return volunteering to help.

Please consider at least one event you may be able to spare some time to help the P&C raise funds towards the swimming scheme costs later in the year and the possibility of new technology in the school.

COMING EVENTS:

<table>
<thead>
<tr>
<th>Date</th>
<th>Event Description</th>
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<tbody>
<tr>
<td>24/3</td>
<td>K12 sport with Ms McLaren (sports uniform can be worn on this day)</td>
</tr>
<tr>
<td>25/3</td>
<td>3456 sport with Ms McLaren (sports uniform can be worn on this day)</td>
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<tr>
<td>26/3</td>
<td>Music lessons with Blake</td>
</tr>
<tr>
<td>27/3</td>
<td>Hawkesbury Show craft parent helpers welcome. Starts at 1.45pm</td>
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<tr>
<td>28/3</td>
<td>Cricket for sport</td>
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<tr>
<td>31/3</td>
<td>K12 sport with Ms McLaren</td>
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<tr>
<td>1/4</td>
<td>3456 sport with Ms McLaren</td>
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<tr>
<td>1/4</td>
<td>School Photo’s</td>
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<tr>
<td>2/4</td>
<td>Music lessons with Blake</td>
</tr>
<tr>
<td>3/4</td>
<td>Hawkesbury show craft starting at 1.45pm</td>
</tr>
<tr>
<td>4/4</td>
<td>Cricket for sport</td>
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<tr>
<td>6/4</td>
<td>Colo Heights running Barbeque at Bunnings.</td>
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School Photos

Our annual school photos will take place on Tuesday 1st April. Order envelopes have been sent out this week for you to select the best package for you. There will be individual, class and family photos available for purchase. Please return the envelope with the money enclosed before the photo day.
Family Portraits

Another fundraiser the P&C are considering is a family portrait sitting where families can get a high quality photo for the cost of only $20. This will be one framed photo and is the only obligated photo to purchase should you wish to take part. There will be more photos for purchase at an extra cost but at no stage are families obliged to purchase them if they don’t wish to.

If you think you would be interested please fill in the Expression of Interest and return it to school. As a fundraising activity for the P&C we need at least 25 families to take up the offer. If you have friends who may also be interested please let them know and include them on the Expression of Interest.

Hawkesbury Gazette

Colo Heights Public School appears in this week’s Hawkesbury Gazette. There are two wonderful photos of this year’s Kindergarten and Year Six. There are also two articles written by Freya and Brodie which were quite amusing.

Thursday Craft

Thursday craft will continue to start from 1:45pm to give students more time to complete their work. We will have an early lunch on Thursdays to accommodate this time change. To all the parents who graciously give up their time to help with craft on Thursdays I again would like to thank you for all your effort and help.

Crunch and Sip

Thank you to all families who have sent in fruit and vegetables for our ‘Crunch and Sip’ program. Your support has been highly valued. Thank you again.

STARS of the WEEK

Over the last two weeks we have had another two Stars of the Week award winners.

Congratulations –
Daniel (Year 5) and Joseph (Year 4)

Slinky Fridays Return

We have brought back a big favourite of the school with the return of ‘Slinky Apple Friday’. If students bring in an apple on Fridays we will transform the fruit into a slinky.

So remember every Friday is ‘Slinky Apple Friday’.
The Vegetable Garden

Ms McLaren has started a few experiments with the students in relation to growing vegetables. At this moment we have a few plants being tested. The classes are now researching what and when to plant and Ms McLaren is very hopeful of a lot of future produce.

The Primary class has been conducting experiments to do with plants and growth. This is part of Ms McLaren’s environmental studies. The students started with seed and in only a short time have already moved their seedlings into small planters. The experiment continues...watch this space.

Speaking of Ms McLaren and her environmental work in the school, she recently announced to all her new title will be the ‘Environmental Warrior’.

To back up this self-proclaimed title I commissioned Micah from the primary class to draw our ‘Indiana McLaren’.

I wish to thank Micah who did such an incredible job.

We would also like to thank all the parents who have helped with the setup of the garden especially the Thornton and Martin families for their kind donation of materials and time to help with the garden.

If you have some spare time to help with the vegetable gardens could you please contact Ms McLaren.
HEAD LICE

Head Lice is appearing again in these warm and humid weather conditions. Please be vigilant with checking your child(ren)’s hair as they move very quickly and cause great frustration for anyone who has to treat them.

Spraying the hair with diluted tea tree oil with water has an effect on them but doesn’t kill them; it is more of a preventative. The school can have this available if you wish for us to spray your child(ren)’s hair with the mixture. There is a slip below in which you can give us permission request the spray.

We are very pleased with the amount of families who have given permission for their child(ren) to be sprayed with the school’s tea-tree oil solution to help with the prevention of head lice. Even though the tea-tree oil stops head lice it does not kill them. Further treatment is still necessary.

For girls it is also a good idea to keep long hair tightly tied back in a ponytail or plat with a little hairspray as well. Using hair conditioner then combing the nits out is another technique that parents have said seems to work well.

We still, however, have issues with head lice and ask all families to be vigilant with checking your child’s hair.

A few parents have offered some of their treatment methods. These being:

- Neem Seed Oil – diluted with water and possibly another fragrance has an effect.
- ‘Nitwits’ a product that says that it kills without combing.

Otherwise I encourage all parents to check regularly your child(ren)’s hair.

Thank you

Glenn Ellis
Principal

Permission for Treatment of Head Lice

I give permission for __________________ to receive a spray with diluted tea tree oil for the treatment of head lice.

Signed ____________________________
Date ____________________________

FAMILY PORTRAIT EXPRESSION OF INTEREST

The ________________ family are interested in taking part in a family portrait for the cost of $20 as a fundraiser for the Colo Heights Public School P&C. I understand that we are committing to one portrait for $20 and that if we want other photos it will be at an extra cost.

Signed ____________________________